	APJ HERBAL'S KESATHI PAATHAM		
SL NO	PRODUCT NAME	PARTS OF THE BODY	
1	Aura cleansing	Aura soap, Aura cleanser	
2	Hair fall, dandruff & white patches	Pulipani thailam (Rs. 950/-), Honey kadukai, Sahasra shampoo	
3	Hair Growth	Maha brammi oil, Avvai kani, sahasra shampoo	
4	Skin problems	18 H soap / Panjakavya soap / Nannari coffee / Arugampul churanam /Skin cream	
5	Pimples	Herbal face pack, APJ Pimple cream	
6	Skin care/ sun cream	Herbal Sun screen lotion / swarnameni / Kumkumadhi thailam	
7	Burns and inflamations	Kayathirumani oil / cream	
8	Dry lips	Herbal lip balm (Made up of natural honey wax)	
9	Brain and nerves	Aswagandha churan, Maha brammi hair oil	
10	ENT PROBLEMS	Siddhar cold and cough churan/ painbalm & Roll on	
11	Eyes problems	Thirupalathi churanam, Eye oil & eye cup	
12	Nose blocks	Nasiyam oil & Neti pot	
13	Ear problems	Ear oil	
14	Tooth pain and root problems	Dhanvantri tooth powder/Neem tooth powder	
15	Mouth odor	Sadhantha (Oil pulling oil)	
16	Throat problem	Adhimathurathi churanam, Dhanvantri tooth powder	
17	Lung diseases	Thuthuvalai tea	
18	Heart disease/B.P.,	Marudham kudineer, Avarampoo tea	
19	Liver problems	Arugampul churanam	
20	Diabetes	Dia care churan	
21	Gastric problem	Gas relief churanam	
22	Ulcer	Ulcer cure powder, Vilva kani	
23	Indigestion	Omma water	
24	Urinary problem	Mandooga kudineer / Nannari coffee	
25	Constipation problem	Siddhar vallarai churanam, Siddhar kadukai churanam	
26	Blood	Rose gulkand	
27	Bone	Puda Chukku	
28	Muscles	Shakthi malt	
29	Nerves	Asanayalathi thailam, Agathiar thailam	
30	All types of fever & for Immunity	Nilavembu kudineer	
31	Body pain & Flexibility	Advance vajram, Golden oil, Pain balm and roll on	

Note:

- 1 APJ herbal and spiritual products are initiated to give job opportunities for village women.
- 2 All herbal products are formulated from traditional Guru of yoga parampara.
- 3 All herbal products are made with a divine care of APJ Sadhu's.
- 4 It is not a commercial products, so pricing cannot be compared with market.

Keshatipadam

A therapeutic guide available for free download on http://www.apjyoga.org/products/

APJ HERBAL PREPARATIONS

SL NO	NAME	BENEFITS
· •		1. COSMETICS
		SKIN CARE
		It increases the skin tone and reduces skin allergies, removes
1	KASTURI MANJAL	unwanted hair on the face.
		Improves facial complexion, draws toxins from the skin of
2	MULTANI METI	the entire body, helps to nourish the skin and nails, reduces
	MODITAL MET	arthritic pain caused by inflammation.
		Made up of pure honey wax, No petroleum gelly, Nourishes
3	LIP BALM (HONEY WAX)	your lips and removes black/pale skin on the lips and
		reduces lip damage, brings natural pink colour to the lips
4	HERBAL FACE PACK	Imporves face brightness, cure pimples, gives freshness
		Bright skin, Anti aging, Antioxidants, skin hydration, anti
5	KUMKUMATHI THAILAM	wrinkle, moisturising.
	CHIN CDE AM	Anti fungal and anti bacterial, helps reduce inflammation,
6	SKIN CREAM	redness, and discomfort caused by allergies and itching
7	APJ PIMPLE CREAM	inflammation. Soothes and calms irritated skin. Helps
		prevent future breakouts. Fast-absorbing formula for quick
		Regain firmness and elasticity, Reduce sagging, simply
8	SHAPE UP	maintain the health of your breast tissues, this oil is perfect
		for you.
		BODY WASH
0	CIALADNIAMENI	Cleans, Refreshes, Gives natural aroma, Good for skin & cures
9	SWARNAMENI	all skin diseases.
		Made up of 18 herbs and vegetable oils, very good for skin
10	18 H	problems and sensitive skin, nourishes the skin and gives
		natural glow to the skin
		Made up of himalayan rock salt and vegetable oils, it cleanses
11	AURA SOAP	the aura and give relaxation to the mind and body. A blend of
11	AURA SUAP	anceint method and modern product to remove the negative
		energy from your aura.
	PANJAKAVYA SOAP	Made up of panjakavya and vegetable oils. Anti biotic and
12		fungal soap. Good for skin, improves immunity, Improves the
		skin texture.
13	SAHASRA (Herbal shampoo)	Gives soft, smooth, strong and silky hair, reduces hair fall,
10		thickens the hair from root, anti-dandruff shampoo.
	2. F	OOD PRODUCTS
		HONEY ITEMS
14	ΑΥΛΥΑΙΙΖΑΝΙΙ	Stops hair fall, Good for eyes, Rejuvenates body cells, Helps
14	AVVAI KANI	weight reduction, Increases memory power.
	HONEY KADUKAI	Strengthens the bones, Purifies the blood, Release
15		constipation, Abdomen ulcer and mouth ulcer, Rejuvenates
13		the body, Good for vadha, Pitta and kaba diseases, Increases
		brain power and immunity, Good for heart,
	ROSE GULKAND	Strengthens heart, liver and spleen, Purifies blood, Cools the
16		body, Cures dry skin, gives colour and texture to the skin,
		Nourishes the hair, A good tonic for body and mind
17	VILVA KANI	Cures ulcer, Gastro intestinal disorders, constipation,
1./	VILVA KANI	menstrual disorders, improves digestion.

Removes negative vibration Purifies your aura, Restores balance, Rinhances spiritual connection, Uplifts your mood, Gentle and soothing It is also called "Himalayan Rock Salt" - 100% chemical free body. Even BP patients can also consume this salt. Good for healing gastric ulcer, indigestion. It is a good appetizer & diuretic. 1. Removes toxic chemicals from vegetables. 2. Harmful poisons. (Pesticide è unsecticide) used will be removed. TEA/COFFEE 2. AVARAM POO TEA INSTANT CHUKU MALLI COFFEE INSTANT CHUKU MALLI COFFEE Cood alternative for coffee, Gives Instant energy, Good for nerves and bones, Good for cold, cough & Head ache. Removes the phlegm & Strengthens heart, lungs, intestine and uterus. Relieves pains, cold, cough and headache. Good for nerves and bones, Good for cold, cough & Head ache. Removes the phlegm & Strengthens the lungs. Gives good relief for all breathing troubles, the herb korisalal is the best medicine for liver diseases. This herbal drink nourishes the blood and purifies it. One of the recommended drink by siddhas. 2. SUGAR 2. PALM SUGAR 2. PALM SUGAR 2. PALM SUGAR 2. Rich in iron, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as an alternative for sugar rich in calcium, can use as			SALT
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### THUTHUVALAI TEA ### medicine for liver diseases. This herbal drink nourishes the blood and purifies it. One of the recommended drink by siddhas. ### SIDDHAR SUGAR ### SIDDHAR KADUKAI POWDER SIDDHAR KADUKAI POWDER Reduces calcium generative for sugar			
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Siddhas. An natural energy drink, good for calcium defeciency.	24	THUTHUVALAI TEA	
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SUGAR Rich in iron, can use as an alternative for sugar			
PALM SUGAR Rich in iron, can use as an alternative for sugar	25	SHAKTHI MALT	
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31 SIDDHAR SALI CHURANAM It cures cold, cough, running nose, headache, sneezing, dust allergies, etc. Reduces tooth ache, infections in tooth and gum, stops bleeding in gums, gives freshness to mouth, makes breathing comfortable, removes phlegm from throat and tongue. 33 NEEM TOOTH POWDER Kills the germs, Strengthen the roots, removes mouth odour Rejuvenates the body, Cures nervousness, increases thejas in the face, Good for vadha, pitta & kabha diseases, Increases appetite, Helps digestion, increases brain power, good for liver problems, different kind of piles, relieves constipation, abdomen ulcer, mouth ulcer. 35 PUDA CHUKKU Reduces calcium deficiency, Knee pain, hip pain It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis. It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.	30	ARIICAMPIII DOWDER	Purifies the blood, reduces weight, used to cure many
allergies, etc. Reduces tooth ache, infections in tooth and gum, stops bleeding in gums, gives freshness to mouth, makes breathing comfortable, removes phlegm from throat and tongue. Rejuvenates the body, Cures nervousness, increases thejas in the face, Good for vadha, pitta & kabha diseases, Increases appetite, Helps digestion, increases brain power, good for liver problems, different kind of piles, relieves constipation, abdomen ulcer, mouth ulcer. PUDA CHUKKU Reduces calcium deficiency, Knee pain, hip pain It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis. It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.	30	AKOGAMFOLFOWDEK	diseases
32 DHANVANTRI TOOTH POWDER 33 NEEM TOOTH POWDER 34 SIDDHAR KADUKAI POWDER 35 PUDA CHUKKU 36 SIDDHAR VALARAI CHURANAM 37 CONSTIFREE 38 Reduces tooth ache, infections in tooth and gum, stops bleeding in gums, gives freshness to mouth, makes breathing comfortable, removes phlegm from throat and tongue. Kills the germs, Strengthen the roots, removes mouth odour Rejuvenates the body, Cures nervousness, increases thejas in the face, Good for vadha, pitta & kabha diseases, Increases appetite, Helps digestion, increases brain power, good for liver problems, different kind of piles, relieves constipation, abdomen ulcer, mouth ulcer. 36 SIDDHAR VALARAI CHURANAM SIDDHAR VALARAI CHURANAM SIDDHAR VALARAI CHURANAM COId & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis. It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.	21	SIDDHAD SALI CHIIDANAM	It cures cold, cough, running nose, headache, sneezing, dust
DHANVANTRI TOOTH POWDER bleeding in gums, gives freshness to mouth, makes breathing comfortable, removes phlegm from throat and tongue. Kills the germs, Strengthen the roots, removes mouth odour Rejuvenates the body, Cures nervousness, increases thejas in the face, Good for vadha, pitta & kabha diseases, Increases appetite, Helps digestion, increases brain power, good for liver problems, different kind of piles, relieves constipation, abdomen ulcer, mouth ulcer. PUDA CHUKKU Reduces calcium deficiency, Knee pain, hip pain It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis. It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.	31	OIDDIMIC SALI CITURAINAIN	allergies, etc.
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Rheumatism, Arthritis. It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.			It cures constipation and gastric problem, B.P., Hyper acidity,
It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.	36	SIDDHAR VALARAI CHURANAM	Cold & Cough, Stomach disorders, Nervousness,
CONSTIFREE Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.			Rheumatism, Arthritis.
CONSTIFREE Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.			It cures constipation and gastric problem, B.P., Hyper acidity,
	37	CONSTIFREE	Cold & Cough, Stomach disorders, Nervousness,
38 DIA CARE Reduces Diabetes, activates pancreas			Rheumatism, Arthritis.
	38	DIA CARE	Reduces Diabetes, activates pancreas

THIRUKADUGAM Good for Body pain, Fever, digestive problem, cold, Headache, Balances varian, pitta and kabha and more Improves Digestion, Purifies Blood, Reduce excess fat, Strengthens hair root and more Rejuvenates and energieses. ASWAGANTHA CHURANAM Rejuvenates and energieses. GAS RELIEF CHURAN Heals gastric troubles, indigestion, tastelessness, stomach pain, loss of appetite. Heals gastric troubles, indigestion, tastelessness, stomach pain, loss of appetite. Heals gastric ulcers esophageal ulcers, duodenal ulcers, Peptic Ulcer, Mouth ulcer MEDICATED OILS ASANAYALATHI Reduces Headache, asthma, allergy, sinus, cervical spondylitis, t.b., thyroid and pain relief. Cools the body, Reduces eye irritation, Stomach pain, Piles problem, pitta diseases. AGASTHIYAR THAILAM problem, pitta diseases. AGASTHIYAR THAILAM problem, pitta diseases. PAIN RELIEF ASADHANTHA HOLL ON Reduces Headaceh, all kind of joint pains OM WATER Good for Nee Pain, neck pain, back pain & hip pain Reduces Headaceh, all kind of joint pains OM WATER Good for Registion problems and stomach problems AGOOD AND WATER GOOD AND AND AND AND AND AND AND AND AND AN				
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Marin	42	ASWAGAN I HA CHURANAM		
Heals gastric ulcers esophageal ulcers, duodenal ulcers, Peptic Ulcer, Mouth ulcer	43	GAS RELIEF CHURAN		
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MARUDHAM KUDINEER Good for B.P., Diabetes, Cools the Body, Cures or Protect your family from fever, cold, body pain., builds immunity	53	MODAKATHAN THAILAM		
STANDAR SURA KUDINEER Cures or Protect your family from fever, cold, body pain., builds immunity	•		KUDINEER	
builds immunity Boosts Immunity, Reduces Fever, Relieves Respiratory Discomfort, Promotes Overall Wellness Boost your immune system, strengthen your body's natural defense mechanisms, protecting you from various infections and illnesses. Detoxify your body naturally 4. YOGA PRODUCTS NETI POT Cleanses the nose blockages, helps in removing phlegm. (Use as directed by the experts) EYE CUP Cleanses the eyes, reduces eye irritation, reduces heat in eyes An ancient method to cleanse the bowl at any time. (use as directed by the experts) NETHRAM EYE DROP Reduces eye irritation, Reduces eye burning, Cools the eyes, Reduces eye strain, Removes the toxins from the eyes. SIVA SHAKTHI EYE OIL Reduces eye problem, Reduces cataract, Good for eyes Cleanses the home from negative energy and energises the home with positive energy, gives a very good relaxed and vibrating atmosphere Made up of pure country cow dung, activates the third eye. For Ordering watsapp to 9003142479	54	MARUDHAM KUDINEER	Good for B.P., Diabetes, Cools the Body,	
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