

APJ HERBAL'S KESATHI PAATHAM		
SL NO	PRODUCT NAME	PARTS OF THE BODY
1	Aura cleansing	Aura soap, Aura cleanser
2	Hair fall, dandruff & white patches	Pulipani thailam (Rs. 950/-), Honey kadukai, Sahasra shampoo
3	Hair Growth	Maha brammi oil, Avvai kani, sahasra shampoo
4	Skin problems	18 H soap / Panjakavya soap / Nannari coffee / Arugampul churanam /Skin cream
5	Pimples	Herbal face pack, APJ Pimple cream
6	Skin care/ sun cream	Herbal Sun screen lotion / swarnameni / Kumkumadhi thailam
7	Burns and inflammations	Kayathirumani oil / cream
8	Dry lips	Herbal lip balm (Made up of natural honey wax)
9	Brain and nerves	Aswagandha churan, Maha brammi hair oil
10	ENT PROBLEMS	Siddhar cold and cough churan/ painbalm & Roll on
11	Eyes problems	Thirupalathi churanam, Eye oil & eye cup
12	Nose blocks	Nasiyam oil & Neti pot
13	Ear problems	Ear oil
14	Tooth pain and root problems	Dhanvantri tooth powder/Neem tooth powder
15	Mouth odor	Sadhantha (Oil pulling oil)
16	Throat problem	Adhimathurathi churanam, Dhanvantri tooth powder
17	Lung diseases	Thuthuvalai tea
18	Heart disease/B.P.,	Marudham kudineer, Avarampoo tea
19	Liver problems	Arugampul churanam
20	Diabetes	Dia care churan
21	Gastric problem	Gas relief churanam
22	Ulcer	Ulcer cure powder, Vilva kani
23	Indigestion	Omma water
24	Urinary problem	Mandooga kudineer / Nannari coffee
25	Constipation problem	Siddhar vallarai churanam, Siddhar kadukai churanam
26	Blood	Rose gulkand
27	Bone	Puda Chukku
28	Muscles	Shakthi malt
29	Nerves	Asanayalathi thailam, Agathiar thailam
30	All types of fever & for Immunity	Nilavembu kudineer
31	Body pain & Flexibility	Advance vajram, Golden oil, Pain balm and roll on

Note:

- 1 APJ herbal and spiritual products are initiated to give job opportunities for village women.
- 2 All herbal products are formulated from traditional Guru of yoga parampara.
- 3 All herbal products are made with a divine care of APJ Sadhu's.
- 4 It is not a commercial products, so pricing cannot be compared with market.

Keshatipadam

A therapeutic guide available for free download on <http://www.apjyoga.org/products/>

APJ HERBAL PREPARATIONS

SL NO	NAME	BENEFITS
1. COSMETICS		
SKIN CARE		
1	KASTURI MANJAL	It increases the skin tone and reduces skin allergies, removes unwanted hair on the face.
2	MULTANI METI	Improves facial complexion, draws toxins from the skin of the entire body, helps to nourish the skin and nails, reduces arthritic pain caused by inflammation.
3	LIP BALM (HONEY WAX)	Made up of pure honey wax, No petroleum gelly, Nourishes your lips and removes black/pale skin on the lips and reduces lip damage, brings natural pink colour to the lips
4	HERBAL FACE PACK	Improves face brightness, cure pimples, gives freshness
5	KUMKUMATHI THAILAM	Bright skin, Anti aging, Antioxidants, skin hydration, anti wrinkle, moisturising.
6	SKIN CREAM	Anti fungal and anti bacterial, helps reduce inflammation, redness, and discomfort caused by allergies and itching
7	APJ PIMPLE CREAM	Effectively fights pimples and acne. Reduces redness and inflammation. Soothes and calms irritated skin. Helps prevent future breakouts. Fast-absorbing formula for quick results
8	SHAPE UP	Regain firmness and elasticity, Reduce sagging, simply maintain the health of your breast tissues, this oil is perfect for you.
BODY WASH		
9	SWARNAMENI	Cleans, Refreshes, Gives natural aroma, Good for skin & cures all skin diseases.
10	18 H	Made up of 18 herbs and vegetable oils, very good for skin problems and sensitive skin, nourishes the skin and gives natural glow to the skin
11	AURA SOAP	Made up of himalayan rock salt and vegetable oils, it cleanses the aura and give relaxation to the mind and body. A blend of ancient method and modern product to remove the negative energy from your aura.
12	PANJAKAVYA SOAP	Made up of panjakavya and vegetable oils. Anti biotic and fungal soap. Good for skin, improves immunity, Improves the skin texture.
13	SAHASRA (Herbal shampoo)	Gives soft, smooth, strong and silky hair, reduces hair fall, thickens the hair from root, anti-dandruff shampoo.
2. FOOD PRODUCTS		
HONEY ITEMS		
14	AVVAI KANI	Stops hair fall, Good for eyes, Rejuvenates body cells, Helps weight reduction, Increases memory power.
15	HONEY KADUKAI	Strengthens the bones, Purifies the blood, Release constipation, Abdomen ulcer and mouth ulcer, Rejuvenates the body, Good for vadha, Pitta and kaba diseases, Increases brain power and immunity, Good for heart,
16	ROSE GULKAND	Strengthens heart, liver and spleen, Purifies blood, Cools the body, Cures dry skin, gives colour and texture to the skin, Nourishes the hair, A good tonic for body and mind
17	VILVA KANI	Cures ulcer, Gastro intestinal disorders, constipation, menstrual disorders, improves digestion.

SALT		
18	AURA CLEANSER	Removes negative vibration Purifies your aura, Restores balance, Enhances spiritual connection, Uplifts your mood, Gentle and soothing
19	MOON SALT POWDER	It is also called "Himalayan Rock Salt"– 100% chemical free. Alternative for Sea salt. Contains essential minerals for the body. Even BP patients can also consume this salt.
20	KALANAMAK	Good for healing gastric ulcer, indigestion. It is a good appetizer & diuretic.
21	VEGETABLE CLEANING SALT	1. Removes toxic chemicals from vegetables. 2. Harmful poisons (Pesticide & insecticide) used will be removed.
TEA/COFFEE		
22	AVARAM POO TEA	Good for memory, strengthens heart, lungs, intestine and uterus. Relieves pains, cold, cough and headache. Good for urinary infections
23	INSTANT CHUKU MALLI COFFEE	Good alternative for coffee, Gives Instant energy, Good for nerves and bones, Good for cold, cough & Head ache.
24	THUTHUVALAI TEA	Removes the phlegm & strengthens the lungs. Gives good relief for all breathing troubles, the herb karisalai is the best medicine for liver diseases. This herbal drink nourishes the blood and purifies it. One of the recommended drink by siddhas.
25	SHAKTHI MALT	An natural energy drink, good for calcium defeciency.
SUGAR		
26	NATURAL SUGAR	Rich in iron, can use as an alternative for sugar
27	PALM SUGAR	rich in calcium, can use as an alternative for sugar
28	PURE HONEY	Rich in antioxidants, good for cholestrol
3. HERBALS PRODUCTS		
29	HERBAL MOSQUITO REPELLENT	No side effects, 100% natural, very effective in mosquito elimination
HERBAL POWDERS		
30	ARUGAMPUL POWDER	Purifies the blood, reduces weight, used to cure many diseases
31	SIDDHAR SALI CHURANAM	It cures cold, cough, running nose, headache, sneezing, dust allergies, etc.
32	DHANVANTRI TOOTH POWDER	Reduces tooth ache, infections in tooth and gum, stops bleeding in gums, gives freshness to mouth, makes breathing comfortable, removes phlegm from throat and tongue.
33	NEEM TOOTH POWDER	Kills the germs, Strengthen the roots, removes mouth odour
34	SIDDHAR KADUKAI POWDER	Rejuvenates the body, Cures nervousness,increases thejas in the face, Good for vadha, pitta & kabha diseases, Increases appetite, Helps digestion, increases brain power, good for liver problems, different kind of piles, relieves constipation, abdomen ulcer, mouth ulcer.
35	PUDA CHUKKU	Reduces calcium deficiency, Knee pain, hip pain
36	SIDDHAR VALARAI CHURANAM	It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.
37	CONSTIFREE	It cures constipation and gastric problem, B.P., Hyper acidity, Cold & Cough, Stomach disorders, Nervousness, Rheumatism, Arthritis.
38	DIA CARE	Reduces Diabetes, activates pancreas

39	THIRUKADUGAM	Good for Body pain, Fever, digestive problem, cold, Headache, Balances vatha, pitta and kabha
40	ADHIMATHURATHI	Good for cold, Fight against Depression, Controls Cholesterol and more
41	THIRUPALA	Improves Digestion, Purifies Blood, Reduce excess fat, Strengthens hair root and more
42	ASWAGANTHA CHURANAM	Rejuvenates and energises.
43	GAS RELIEF CHURAN	Heals gastric troubles, indigestion, tastelessness, stomach pain, loss of appetite.
44	ULCER CURE CHURANAM	Heals gastric ulcers esophageal ulcers, duodenal ulcers, Peptic Ulcer, Mouth ulcer
MEDICATED OILS		
45	ASANAYALATHI	Reduces Headache, asthma, allergy, sinus, cervical spondylitis, t.b., thyroid and pain relief.
46	AGATHIYAR THAILAM	Cools the body, Reduces eye irritation, Stomach pain, Piles problem, pitta diseases.
47	SADHANATHA	Mouth freshner, Anti bacterial, Gums and root strengthner, Helps tooth and throat.
PAIN RELIEF		
48	VAJRAM OIL	Good for Knee Pain, neck pain, back pain & hip pain
49	PAIN BALM 9GM BOT	Reduces Headache, all kind of joint pains
50	OM WATER	Good for Digestion problems and stomach problems
51	PAIN BALM ROLL ON	Reduces Headache, all kind of joint pains
52	SARAL THAILAM	Good pain relief, gives flexibility to the nerves
53	MODAKATHAN THAILAM	Rapid pain relief, Improved mobility, Long-lasting effect, Enhanced circulation, Relaxation and stress relief
KUDINEER		
54	MARUDHAM KUDINEER	Good for B.P., Diabetes, Cools the Body,
55	NILA VEMBU KUDINEER	Cures or Protect your family from fever, cold, body pain., builds immunity
55	KABA SURA KUDINEER	Boosts Immunity, Reduces Fever, Relieves Respiratory Discomfort, Promotes Overall Wellness
57	KARUNGALI KUDINEER	Boost your immune system, strengthen your body's natural defense mechanisms, protecting you from various infections and illnesses. Detoxify your body naturally
4. YOGA PRODUCTS		
58	NETI POT	Cleanses the nose blockages, helps in removing phlegm. (Use as directed by the experts)
59	EYE CUP	Cleanses the eyes, reduces eye irritation, reduces heat in eyes
60	ENEMA CANE	An ancient method to cleanse the bowl at any time. (use as directed by the experts)
61	NETHRAM EYE DROP	Reduces eye irritation, Reduces eye burning, Cools the eyes , Reduces eye strain, Removes the toxins from the eyes.
62	SIVA SHAKTHI EYE OIL	Reduces eye problem, Reduces cataract, Good for eyes
63	SAMBRANI	Cleanses the home from negative energy and energises the home with positive energy, gives a very good relaxed and vibrating atmosphere
64	IYARKAI VIBUTHI	Made up of pure country cow dung, activates the third eye.
65	IYARKAI KUNGUMAM	very good antibiotic, activates the third eye.
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